

NOTICE OF PRIVACY PRACTICES (Updated January 2026)
**PRESTON TRAIL COUNSELING, 17330 PRESTON ROAD, SUITE 102D, DALLAS, TX,
75252**

THIS NOTICE DESCRIBES HOW PSYCHOLOGICAL AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW THIS NOTICE CAREFULLY BEFORE SIGNING.

Each time you visit a hospital, physician, dentist, or other healthcare provider, a record of your visit is made. Typically, this record contains your symptoms, examination and test results, diagnoses, treatment, and a plan for future care or treatment. This information often referred to as your health or medical record, serves as a basis for planning your care and treatment and serves as a means of communication among the many health professionals who contribute to your care. Understanding what is in your record and how your health information is used helps you to ensure its accuracy, better understand who, what, when, where, and why others may access your health information, and helps you make more informed decisions when authorizing disclosure to others.

Health records contain personal information that may identify you and your past, present or future physical or mental health and related health care services. This is referred to as Protected Health Information (“PHI”). The information obtained by Jarrod Hood, MA, LPC during therapy include PHI. This Notice of Privacy Practices describes how Jarrod Hood, MA, LPC and his professional staff may use and disclose your PHI in accordance with applicable law. This includes the Health Insurance Portability and Accountability Act (“HIPAA”), regulations promulgated under HIPAA including the HIPAA Privacy and Security Rules, and Mr. Hood’s professional code of ethics. This code of ethics, and other information regarding the standardization of care, are located on the website of the Texas State Board of Examiners of Licensed Professional Counselors. This Notice of Privacy Practices also describes your rights regarding how you may gain access to and control your PHI.

Mental health professionals are required by law to maintain the privacy of PHI and to provide you with notice of the legal duties and privacy practices with respect to PHI. Jarrod Hood, MA, LPC is required to abide by the terms of this Notice of Privacy Practices. Jarrod Hood, MA, LPC has the right to change the terms of his Notice of Privacy Practices at any time and any new Notice of Privacy Practices will be effective for all PHI that we maintain at that time. Should this policy change at any time during the course of therapy, Jarrod Hood, MA, LPC will provide a copy of the revised Notice of Privacy Practices and ask for the new document to be reviewed. The current Notice of Privacy Practices for Jarrod Hood, MA, LPC can be accessed at any time on his website and a written copy will be provided by request.

Exceptions for Court Appointments

If Jarrod Hood, MA, LPC is court appointed in a case, he may gather Protected Health Information as part of Jarrod Hood’s role as a therapist, as outlined in the court order that appoints him to the case. Often, the information in the PHI is referenced in Jarrod Hood’s notes and status updates and may be provided to the Court and through testimony in court. Upon the

conclusion of Mr. Hood's treatment, there may be instances where the documents and records he has reviewed during his treatment are provided to the attorneys of record, to clients who represent themselves upon completion of the treatment.

When Mr. Hood is appointed by a court to provide court-ordered therapy, the services he provides are forensic in nature. For most forensic services, there is an exception in federal law regarding access to PHI that supersedes the procedures below. See 45 CFR 164.524(a)(1)(ii) regarding exemption for "information compiled in reasonable anticipation of, or for use in, a civil, criminal, or administrative action or proceeding." Additionally, 45 CR 164.512(e) covers additional provisions for disclosures for judicial and administrative proceedings. Litigants who have participated in court-ordered therapy generally have the right (unless otherwise restricted by the court) to be provided copies of all information in Jarrod Hood, MA, LPC's possession regarding a case where Mr. Hood is appointed by the court. These services generate records, but those records may not be PHI. However Mr. Hood may obtain PHI from other medical or mental health providers or through collateral resources as part of the therapy process. This gathering of records and documents is required by the standards of practice and the requirements in Chapter 107 of the Texas Family Code. Mr. Hood is unable to alter the information contained in the records received by other providers. If changes or correction need to be made, litigants would need to contact the original creator of those records to request any corrections. For court-ordered services, the process of court-ordered therapy is not confidential.

For Court-Ordered Therapy: The information provided in court-ordered therapy may be reproduced to the court, the attorneys of record, and/or the clients who represent themselves. This is outlined in the Release of Information that is required to be signed when Mr. Hood is appointed by a court as a therapist. The information may also be utilized without identifying the parties in consultation with other clinical professionals to assist in completing a case with appropriate peer review. Mr. Hood may also disclose PHI to another mental health professional or a consultant with a party's appropriate authorization.

For services that are not court-connected Mr. Hood follows state and federal laws in regard to access and changes to the PHI that is created.

HOW JARROD HOOD, MA, LPC MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU

Permitted Uses and Disclosures

I. Treatment, Payment, Health Care Operations Definitions. Jarrod Hood, MA, LPC may use or disclose protected health information (PHI) for its own treatment, payment and health care operations activities according to the HIPAA Privacy Rule.

For Treatment. PHI may be used and disclosed by those who are involved in treatment and care for the purpose of providing, coordinating, or managing health care treatment and related services.

For Payment. Mr. Hood may use and disclose PHI to receive payment for treatment services provided. If it becomes necessary to use collection processes due to lack of payment for services, Mr. Hood will only disclose the minimum amount of PHI necessary

for purposes of collection. The only other payment that may be necessary and related to PHI information is the payment you may be asked to provide by another professional related to any cost that current or previous health care providers may require payment to produce the records to Jarrod Hood, MA, LPC for the court-ordered therapeutic process as required by the Texas Family Code and standards of practice. As noted in the release forms that require a signature, litigants are responsible for all costs, if any, related to the records acquired for the process of therapy.

For Health Care Operations. Jarrod Hood, MA, LPC may use or disclose, as needed, PHI in order to support business activities including, but not limited to, quality assessment activities, employee review activities, licensing, and conducting or arranging for other business activities. For example, Jarrod Hood, MA, LPC may share PHI with third parties that perform various business activities (e.g., faxing, appointment reminders or scheduling services) provided we have a written contract with the business that requires it to safeguard the privacy of PHI.

II. Uses and Disclosures with Opportunity to Agree or Object. Informal permission may be obtained by asking the individual outright, or by circumstances that clearly give the individual the opportunity to agree, acquiesce, or object. Where the individual is incapacitated, in an emergency situation, or not available, Jarrod Hood, MA, LPC generally may make such uses and disclosures, if in the exercise of their professional judgment, the use or disclosure is determined to be in the best interests of the individual.

For Notification and Other Purposes. Jarrod Hood, MA, LPC may rely on an individual's informal permission to disclose to the individual's family, relatives, or friends, or to other persons whom the individual identifies, protected health information directly relevant to that person's involvement in the individual's care or payment for care. This provision, for example, allows a pharmacist to dispense filled prescriptions to a person acting on behalf of the patient. Similarly, Jarrod Hood, MA, LPC may rely on an individual's informal permission to use or disclose protected health information for the purpose of notifying (including identifying or locating) family members, personal representatives, or others responsible for the individual's care of the individual's location, general condition, or death. In addition, protected health information may be disclosed for notification purposes to public or private entities authorized by law or charter to assist in disaster relief efforts.

Medical or Mental Health Emergencies. Jarrod Hood, MA, LPC may use or disclose PHI in a medical or mental health emergency situation to medical or mental health personnel only in order to prevent serious harm. Jarrod Hood, MA, LPC will try to provide a copy of this notice as soon as reasonably practicable after the resolution of the emergency.

Family Involvement in Care. Jarrod Hood, MA, LPC may disclose information to close family members or friends directly involved in treatment based on consent or as necessary to prevent serious harm.

During Court Ordered cases, information will only be available to the court, the attorneys, and/or to clients who represent themselves aside from what has already been outlined previously in this policy.

Also, for court-ordered therapy, Jarrod Hood, MA, LPC will not speak to family members unless Mr. Hood deems it necessary for treatment or unless there is a completed personal reference form or provided written witness statement and a telephone call is warranted.

Should a family member contact Jarrod Hood, MA, LPC, Mr. Hood will ask that they place any and all information in writing. Only questions regarding the process will be answered. Mr. Hood will not discuss PHI with any other person unless the appropriate authorization is obtained from the client or the parent(s) of the client.

Deceased Patients. Jarrod Hood, MA, LPC may disclose PHI regarding deceased patients as mandated by state law. An Authorization must be signed by the deceased client's personal representative. Otherwise, the records may only be released by Court Order.

For Court Ordered cases, any and all records related to a deceased client may only be acquired via the attorney of record or by Court Order. All of Jarrod Hood, MA, LPC's therapy records are retained for seven years upon the completion of services, and they are then destroyed as allowed per Jarrod Hood, MA, LPC's licensure requirements.

III. Incidental Use and Disclosure. The Privacy Rule does not require that every risk of an incidental use or disclosure of protected health information be eliminated. A use or disclosure of this information that occurs as a result of, or as "incident to," an otherwise permitted use or disclosure is permitted as long as Jarrod Hood, MA, LPC has adopted reasonable safeguards as required by the Privacy Rule, and the information being shared was limited to the "minimum necessary," as required by the Privacy Rule.

IV. Public Interest and Benefit Activities. Jarrod Hood, MA, LPC is permitted by the HIPAA Privacy Rule to use and disclose an individual's protected health information for the following public interest and benefit activities. Specific conditions or limitations apply to each public interest purpose, striking a balance between the individual privacy interest and the public interest need for this information.

Required by Law. Jarrod Hood, MA, LPC may use and disclose protected health information without individual authorization as required by law (including by statute regulation, or court orders).

Public Health Activities. Jarrod Hood, MA, LPC may disclose protected health information to:

(1)

public health authorities authorized by law to collect or receive such information for preventing or controlling disease, injury, or disability and to public health or other government authorities authorized to receive reports of child abuse and neglect; (2) entities subject to FDA regulation regarding FDA regulated products or activities for purposes such as adverse event reporting, tracking of products, product recalls, and post-marketing surveillance; (3) individuals who may have contracted or been exposed to a communicable disease when notification is authorized by law; and (4) employers, regarding employees, when requested by employers, for information concerning a work-related illness or injury or workplace related medical surveillance, because such information is needed by the employer to comply with the Occupational Safety and Health Administration (OSHA), the Mine Safety and Health Administration (MSHA), or similar state law.

Victims of Abuse, Neglect or Domestic Violence. Jarrod Hood, MA, LPC may disclose protected health information to appropriate government authorities regarding victims of abuse, neglect, or domestic violence.

Judicial and Administrative Proceedings. Jarrod Hood, MA, LPC may disclose protected health information in a judicial or administrative proceeding if the request for the information is

through an order from a court. Such information may also be disclosed in response to a subpoena or other lawful process if certain assurances regarding notice to the individual or a protective order are provided.

Health Oversight Activities. If required, Jarrod Hood, MA, LPC may disclose PHI to a health oversight agency for activities authorized by law, such as audits, investigations, and inspections. Oversight agencies seeking this information include government agencies and peer review organizations performing utilization and quality control. Jarrod Hood, MA, LPC must make disclosures to the Secretary of the Department of Health and Human Services upon request for the purpose of investigating or determining compliance with the requirements of the Privacy Rule. Jarrod Hood, MA, LPC will comply with any lawful request or requirement to provide information. If a complaint is filed against Mr. Hood with the State Board of Examiners of Licensed Professional Counselors, the Board has the authority to subpoena confidential mental health information relevant to the complaint. Parties would be notified that information would be provided to the board to address the complaint.

Law Enforcement Purposes. Jarrod Hood, MA, LPC may disclose protected health information to law enforcement officials for law enforcement purposes under the following six circumstances, and subject to specified conditions: (1) as required by law (including court orders, court-ordered warrants, subpoenas) and administrative requests; (2) to identify or locate a suspect, fugitive, material witness, or missing person; (3) in response to a law enforcement official's request for information about a victim or suspected victim of a crime; (4) to alert law enforcement of a person's death, if Jarrod Hood, MA, LPC suspects that criminal activity caused the death; (5) when Jarrod Hood, MA, LPC believes that protected health information is evidence of a crime that occurred on its premises; and (6) by Jarrod Hood, MA, LPC in a medical emergency not occurring on its premises, when necessary to inform law enforcement about the commission and nature of a crime, the location of the crime or crime victims, and the perpetrator of the crime.

Serious Threat to Health or Safety. Jarrod Hood, MA, LPC may disclose PHI if necessary, to prevent or lessen a serious and imminent threat to the health or safety of a person (including the patient or client) or the public. If information is disclosed to prevent or lessen a serious threat it will be disclosed to a person or persons reasonably able to prevent or lessen the threat, including the target of the threat.

Essential Government Functions. An authorization is not required to use or disclose protected health information for certain essential government functions. Such functions include: assuring proper execution of a military mission, conducting intelligence and national security activities that are authorized by law, making psychological and medical suitability determinations for U.S. State Department employees, and determining eligibility for or conducting enrollment in certain government benefit programs.

Jarrood Hood, MA, LPC may review requests from U.S. military command authorities if a person has served as a member of the armed forces, authorized officials for national security and intelligence reasons and to the Department of State for medical suitability determinations, and disclose PHI based on written consent, mandatory disclosure laws or the need to prevent serious harm.

Workers' Compensation. Jarrod Hood, MA, LPC may disclose protected health information as

authorized by, and to comply with, workers' compensation laws and other similar programs providing benefits for work-related injuries or illnesses.

Authorized Uses and Disclosures

Authorization. Jarrod Hood, MA, LPC must obtain the individual's written authorization for any use or disclosure of protected health information that is not for treatment, payment or health care operations or otherwise permitted or required by the Privacy Rule. Jarrod Hood, MA, LPC may not condition treatment, payment, enrollment, or benefits eligibility on an individual granting an authorization, except in limited circumstances.

Uses and disclosures not specifically permitted by applicable law will be made only with written authorization, which may be revoked at any time, except to the extent that Jarrod Hood, MA, LPC has already made a use or disclosure based upon proper authorization. The following uses and disclosures will be made only with written authorization: (i) most uses and disclosures of psychotherapy notes which are separated from the rest of the mental health record; (ii) most uses and disclosures of PHI for marketing purposes, including subsidized treatment communications; (iii) disclosures that constitute a sale of PHI; and (iv) other uses and disclosures not described in this Notice of Privacy Practices.

Psychotherapy Notes. Jarrod Hood, MA, LPC must obtain an individual's authorization to use or disclose psychotherapy notes with the following exceptions:

- Mr. Hood may use the notes for treatment and assessment.
- Mr. Hood may use or disclose, without an individual's authorization, the psychotherapy notes, for its in-house training, and to defend any legal proceedings brought by the individual, for HHS to investigate or determine Mr. Hood's compliance with the Privacy Rules, to avert a serious and imminent threat to public health or safety, to a health oversight agency for lawful oversight of the originator of the psychotherapy notes, for the lawful activities of a coroner or medical examiner or as required by law.

Marketing or Fundraising. Mr. Hood will never use PHI for marketing or fundraising activities. Mr. Hood will never send marketing or fundraising communication or sell protected health information.

Rights Regarding PHI

There are rights regarding how PHI is maintained.

- **Right of Access to Inspect and Copy.** Those who have participated in therapy at Jarrod Hood, MA, LPC have the right, which may be restricted only in exceptional circumstances, to inspect and copy PHI that is maintained in a "designated record set." The "designated record set" is that group of records maintained by Jarrod Hood, MA, LPC that is used, in whole or part, to make decisions about individuals, or that is a provider's mental health, medical or billing records about individuals. The Privacy Rule excepts from the right of access the following protected health information: psychotherapy notes, test materials, and information compiled for legal proceedings.

For information included within the right of access, Jarrod Hood, MA, LPC may deny an individual access in certain specified situations, such as when Mr. Hood believes access could cause harm to the individual or another. In such situations, the individual may request the

right to have such denials reviewed by a licensed health care professional for a second opinion. Jarrod Hood, MA, LPC may impose reasonable, cost-based fees for the cost of copying and postage. Since records are maintained electronically, an electronic copy of PHI can be requested. A request can also be made that a copy of PHI be provided to another person. For Court Ordered cases a request must be submitted in writing through an attorney after therapy services have been completed to exercise this right. However, if the records for which correction is requested were made by another mental health or medical provider, the person must request correction directly to the provider that created the records. Jarrod Hood, MA, LPC is not able to correct records that were made by other providers.

- **Right to Amend.** If a person believes that the PHI on record is incorrect or incomplete, they may ask Jarrod Hood, MA, LPC to amend, but not delete, the information although Jarrod Hood, MA, LPC is not required to agree to the amendment. If the request for the amendment is denied, a person has the right to file a statement of disagreement for the inclusion in the record. Jarrod Hood, MA, LPC may prepare a rebuttal to the statement and a copy will be provided. The Privacy Officer can be contacted if there are any questions. For Court Ordered cases, once the court-ordered therapy is completed and filed with the court, the litigant has the right to ask that the PHI be amended if the litigant believes that the PHI that is included in the report is incorrect or incomplete. Mr. Hood is not required to agree with the amendment. If the records for which amendment is requested were made by another mental health or medical provider, the person must request amendment directly to the provider that created the records. Mr. Hood is not able to amend records that were made by other providers. If the request for an amendment is denied, a litigant has the right to file a statement of disagreement with Mr. Hood that will be forwarded to the court and the attorneys of record or to clients who represent themselves.

- **Right to an Accounting of Disclosures.** It is an individual's right to an accounting of the disclosures that Mr. Hood makes of PHI. The maximum disclosure accounting period is the six years immediately preceding the accounting request. Additional restrictions may apply. For Court-Ordered cases, there is also the right to request an accounting of the disclosures that are made of the PHI that was gathered during Mr. Hood's treatment if the disclosures were made for purposes other than treatment, payment or health care operations. Mr. Hood may charge a reasonable fee for this request, and PHI will only be disclosed as outlined to the court, the attorneys, to clients who represent themselves, and to the individuals for whom releases were signed and have not been revoked.

- **Right to Request Restrictions.** Individuals have the right to request that Mr. Hood restrict the use or disclosure of protected health information for treatment, payment or health care operations, disclosure to persons involved in the individual's health care or payment for health care, or disclosure to notify family members or others about the individual's general condition, location, or death. Jarrod Hood, MA, LPC is under no obligation to agree to requests for restrictions. If agreed to, Mr. Hood must comply with the agreed restrictions,

except for purposes of treating the individual in a medical emergency.

For Court-Ordered cases, there is no right to request a restriction or limitation on the use or disclosure of PHI during court-ordered therapy. For court-ordered therapy, the PHI is not confidential as to the ordering Court, the attorneys or the parties. However, the records of court-ordered therapy are generally confidential to other persons who are not parties to the litigation. Jarrod Hood, MA, LPC is not required to agree to a request though the court will be notified if an attempt is made to restrict Mr Hood's access to necessary PHI required as part of the standards of practice and the Texas Family Code in relation to the court-ordered therapy.

- **Right to Restriction of Disclosures to Insurers Regarding Care Paid for Out of Pocket.**

Patients have the right to restrict certain disclosures of PHI to health plans / insurance companies if the patient pays out of pocket in full for the health care service.

- **Right to Breach Notification.** If it is determined that there is a breach of unsecured PHI for a party, Mr. Hood will be required to notify the effected party of this breach, including what happened and what can be done to be protected.

For all services, once therapy is completed, Jarrod Hood, MA, LPC continues to maintain records under lock and key for seven years after termination of services or three years after a subject of the therapy reaches the age of majority, whichever is greater.

Records are destroyed in Mr. Hood's presence.

- **Right to a Copy of this Notice.** There is a right to a copy of this notice which can be found on Mr. Hood's website. A written copy can also be requested.

- **Right to Request Confidential Communications.** Jarrod Hood, MA, LPC will permit individuals to request an alternative means or location for receiving communications of protected health information by means other than those that Jarrod Hood, MA, LPC typically employs. For example, an individual may request that the provider communicate with the individual through a designated email address or phone number. Similarly, an individual may request that the provider send communications in a closed envelope rather than a post card. Mr. Hood will accommodate reasonable requests. Mr. Hood may require how information regarding payment will be handled, specification of an alternative address, or other method of contact as a condition for accommodating a request.

Any of the above requests may be made in writing to Jarrod Hood, MA, LPC (the Privacy Officer) by email at jarrod@prestontrailcounseling.com or by sending the request to Jarrod Hood, MA, LPC, 17330 Preston Road, Suite 102D, Dallas, TX, 75252.

Additional Notifications

The following additional notifications are required in order to ensure that there is a thorough understanding of how information may or may not be used or transmitted in the process of court-ordered therapy:

1. As outlined in Mr. Hood's initial paperwork, in the event of Mr. Hood's death, incapacity or disability, he has made arrangements for another mental health professional to take

over his practice, assume control of his records, and make appropriate referrals to other providers, if necessary and take all reasonable steps to manage the practice for the benefit of parties. By your signature below, you authorize Mr. Hood's designee to contact you directly, and use and disclose the therapy record, including any PHI, confidential information or Sensitive Personal Information therein for the stated purposes.

2. The Privacy Rule indicates that parents generally have the authority to make health care decisions about their minor children. Thus, parents are generally recognized as personal representatives and can therefore access PHI about their children, authorize to third parties and exercise other privacy rights of the child. Exceptions to this provision include:

- a. When a court makes the determination, or a law recognizes someone other than the parent to make health care decisions for the minor.
- b. When the parent or guardian assents to an agreement of confidentiality between Mr. Hood and the minor.

The minor may still voluntarily choose to involve a parent or adult as a personal representative.

Mr. Hood has the right to refuse to let the parent or guardian exercise the minor's privacy rights under the following conditions:

- a. If Mr. Hood has reason to believe the minor has been or may have been subjected to domestic violence, abuse or neglect; or there is reason to believe that letting the parent or guardian exercise the minor's privacy rights could endanger the minor; and
- b. Mr. Hood decides "in the exercise of professional judgment" that letting the parent or guardian exercise those rights is not in the best interest of the minor.

When PHI is disclosed or used, the Privacy Rule requires Jarrod Hood, MA, LPC, or the party disclosing the information, to share the minimum amount of protected health information necessary to conduct the activity.

- a. In a treatment context, the minimum necessary provision does not apply. Therefore, Mr. Hood is free as permitted by Texas law to disclose PHI for treatment purposes to another provider.
- b. Minimum necessary disclosure does not apply to requests for information that require authorization, such as with psychotherapy notes because the information to be disclosed is specifically described by the authorization itself.

3. The Security Rule requires Jarrod Hood, MA, LPC to regularly conduct Administrative Safeguards to determine that electronic protected health information remains confidential and secure. The Administrative Safeguards include a risk analysis process, and implementation of security measures that reduce the risks and vulnerabilities to a reasonable and appropriate level. Mr. Hood is the Security Official responsible for developing and implementing Jarrod Hood, MA, LPC security policies and procedures.

4. Mr. Hood utilizes firewall protection on his business computer. Jarrod Hood, MA, LPC has contracted with HIPAA compliant business associates and has signed Business Associate Contracts on file to ensure the protection of PHI. The Business Associate Contracts state that the business associate also complies with applicable HIPAA provisions and the HITECH Act of 2009 which protects the privacy of electronic protected health information (e-PHI).

5. Mr. Hood at times uses a Note Taker tool through his HIPPA compliant practice. SimplePractice and its Note Taker tool are HIPAA-compliant and HITRUST certified. All audio-recordings of therapy sessions through Note Taker are immediately deleted as soon as a transcript is created, generally within minutes of a session ending. Transcripts that are created through Note Taker are only retained for the shorter of 7 days or when the progress note is signed and locked by your therapist. After that, they are permanently deleted. During the time that transcripts are available in Note Taker, they always remain confidential and secure, and are only available for your therapist's use to verify the accuracy of the progress note. They are not used for any other purpose.
6. It must be recognized that any communication with Jarrod Hood, MA, LPC by email, fax, or mail, will have limitations of confidentiality that may exist specifically in relation to each of these forms of communication despite all efforts that have been made to protect confidentiality in this regard, i.e. Jarrod Hood, MA, LPC's computers, email accounts, etc., are all password and/or firewall protected.
7. Jarrod Hood, MA, LPC completes the required HIPAA and ethics training every two years. Disclosure of information may be made in any manner consistent with applicable law, including, but not limited to, verbally, in paper format or electronically. In accordance with Texas Health and Safety Code Chapter 181, if Jarrod Hood, MA, LPC receives an electronic request from a person for the person's electronic health record the requested record will be provided to the person in electronic form unless the person requests to accept the record in another form.

Complaints

If you believe Jarrod Hood, MA, LPC has violated your privacy rights, you have the right to file a complaint in writing with our Privacy Officer at the address outlined above or with the Secretary of Health and Human Services at 200 Independence Avenue, S.W. Washington, D.C. 20201 or by calling (202) 619-0257.

The Texas Behavioral Health Executive Council investigates and prosecutes professional misconduct committed by marriage and family therapists, professional counselors, psychologists, psychological associates, social workers, and licensed specialists in school psychology. Although not every complaint against or dispute with a licensee involves professional misconduct, the Executive Council will provide you with information about how to file a complaint. Please call 1-800-821-3205 for more information. Information on how to file a complaint and the forms needed can also be found on the BHEC website at www.bhec.texas.gov/discipline-and-complaints. Texas Behavioral Health Executive Council (BHEC), George H.W. Bush State Office Bldg., 1801 Congress Ave., Ste. 7300, Austin, Texas 78701.

We will not retaliate against you for filing a complaint.

The effective date of this Notice is January 2019.

This notice was last updated in January 2026.

ACKNOWLEDGMENT AND CONSENT. On behalf of myself and/or my minor child(ren) named below, I acknowledge and consent to the statements made in this form. Changes or alterations to this form are not binding on Jarrod Hood, MA, LPC and Jarrod Hood.

By electronically signing below, I am agreeing that I have read, understood and agree to the items contained in this document.